

ZIL Career Readiness Self-Assessment! Is Career Coaching Right for Me?

Instruction: Use this short questionnaire to self-assess, and help us determine if career coaching is the right approach for you at this time.

QUESTION	YES	NO
Motivation: Are you genuinely committed to invest time, energy & resources into your career development?		
Can you do what is required?		
Are you able to?		
Openness: Are you open to receiving and changing your career perspectives?		
Are you willing to critically examine your current career views and potential blind spots?		
Clarity: Do you feel stuck, uncertain, lacking a strategic direction in your current career?		
Change Readiness: Are you ready and curious to try a new approach with your career?		
Are you prepared to step out of your comfort zone and take realistic actionable steps that might challenge your current career assumptions?		
Self-Reflection: Can you articulate your professional SWOT? Strengths, Weaknesses, areas that need growth!		
Goal orientation: Have you had anything in your life that can motivate you to meet your goals?		
Do you have a career vision – end in mind, that defines what success looks like for you?		
Do you believe investing in yourself will be worth it?		
Are you motivated to get to the desired end you have in mind?		
Accountability: Are you willing to actively implement strategies rather than just receive advice?		
Are you ready to take ownership of your career progress?		

Thank you for completing the *ZIL Career Readiness Assessment*. Your responses will help us understand where you are on your professional journey and determine if coaching is the right next step for you.

Please note career coaching readiness starts from a willingness to invest in yourself and commit to the process of growth and change. We'll review your assessment and reach out within 2 business days to discuss how we can best support your career goals.

If you have any immediate questions or concerns, please don't hesitate to contact us directly.